

Angels and Guardians newsletter December 2013

- Tree of Life pendant back in stock.
- Special event past life regression 7 December
- Buckley and Phillips aromatherapy range

I've selected a card at random from Doreen Virtue's Arch Angel deck to start this month's newsletter. The card selected is Archangel Jophiel and the message reads 'Outdoors'. It's certainly apt in this part of the world, where the temperature today is a balmy 30C (86F). It would seem that we in the southern parts of Australia have waited and waited for some warm weather and at last it is here, although perhaps not for long according to the weather forecast. ☺ Archangel Jophiel reminds us to grasp any opportunity to stop and smell the roses; she is all about beauty and the admiration of it.

Often, we are so busy with our "heads down and bum up" attitude, working and trying to get everything on our never ending list of tasks done, that we don't take the time to actually 'be'! Make sure you look for opportunities to 'down tools' or stop whatever you are doing and enjoy the life that you have created thus far. I had a 'to do' list that was 2 pages long today, but the weather was so beautiful. I culled it down to 3 things.....one of them being getting this newsletter out. I knocked the other two off quickly and wrote this outside, under my vine covered pergola, listening to the birds and watching the bees busy in my vegetable patch, thoroughly enjoying Archangel Jophiel's message to me: "Go outside, get some fresh air, and connect with nature to relieve stress and gain new, creative ideas."

The rest of the list may well be there tomorrow, I may not, but the gorgeous weather definitely won't be!

My good friend and fellow Clinical Hypnotherapist and Past Life Regression Therapist Roger Balstrup, will be our special guest on Saturday the 7th of December. Roger will be offering 45min appointments for the very special price of \$80.

Perhaps you find yourself drawn to a particular era that you feel an inexplicable familiarity with and would like to explore the possibility of a previous life during this period. Or maybe you have an irrational fear that cannot be explained by any occurrence in your current life. Maybe you'd like to explore whether the people in your current life were also known to you in another lifetime and what your relationship may have been.

Exploring previous lives may shed new light on your current lifetime by providing answers to questions such as:

- Why do I keep on repeating the same emotional patterns?
- What are the most important life lessons for me this time around?
- What fears may be blocking me from achieving my goals in this life?

We expect this event to be very popular and Roger is only able to offer 8 appointments on the day, so please book your appointment as soon as you can. Bookings can be made via the website contact page or by emailing me directly at Nicole@angelsandguardians.com

We have also recently increased our range of Australian owned and operated Buckley and Phillips aromatherapy products to include diffuser reeds and the most divine hand & body wash and moisturizing lotions you'll ever experience. The body products are mildly scented with only certified pure & natural essential oils. They contain macadamia oil, shea butter and olive oil to moisturise and are 100% sulphate and Paraben free. A combination pack containing a 500ml hand body wash and 200ml lotion is available for \$32.95 for December only (a saving of \$7.95).



I'm also pleased to advise those of you who enquired about purchasing the Stirling silver tree of life pendant I wear, that it's finally back in stock and available for \$31.00. We carry a small range of Stirling silver chains suitable for the pendant, ranging in price from \$28-\$46 however a wider range is available from the Village Jeweller, Sam, at Jewel of the Nile, next door to Angels and Guardians.

Should we not meet in person before Christmas, please enjoy a happy and safe Christmas and may life be merry in 2014.

Light and much love to you and yours (those who are most special to you)

Nicole xxx